

ABSTRACT OF THE DISCLOSURE

An insert apparatus for a bowling ball enables a bowler to quickly and easily change thumb and/or finger hole inserts in the ball on-site at a bowling location. The insert apparatus includes a socket member for substantially permanent installation in a bowling ball. The insert apparatus also includes a removable insert member which fits nestingly into the socket member, and which is temporarily and removably lockable therein. The insert member includes a reduced diameter hub at the bottom end thereof, with a plurality of fingers extending outwardly from the hub. The socket member has a central aperture formed in the bottom end thereof to receive the hub of the insert member, and cutouts are formed adjacent the central aperture to receive the fingers of the insert member. Tracks are also provided in the base of the socket member, to guide movement of the fingers in the socket member.